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一、the tradition Chinese medicinal theory and principle

傳統中醫的學說與理論

The traditional Chinese medical practices include herbal remedies, diet, meditation, static and moving exercises in the traditional Chinese medicine .

在傳統中醫常規中其包含草藥治療、飲食、沉思、動態與靜態活動

The concept of the organs in Chinese medicine .

中醫對臟腑的觀念

The *Bowel as Yin* includes *liver, heart, spleen, lung, kidney* .

臟為陰包含肝、心、脾、肺、腎

The *Viscera as Yang* includes *gall-bladder, small intestine, stomach, large intestine, bladder, San-Jiao* .

腑為陽包含膽、小腸、胃、大腸、膀胱、三焦

The Chinese medicine approaches patients from outside in , The patient's manifestative syndromes appear the *Bowel* and the *Viscera* diseases .

中醫由外向內研究，患者的顯示症候來自於臟腑的病症